
BUDGET MOTIVATION

Here are some tips that may help you stick with the budget:

SHORT TERM GOALS - You might aim to create your first budget, follow your budget for three months straight, or track your spending for a solid week. Whatever the goal, when you reach it, celebrate!

CELEBRATE - Yes, we just said to celebrate your budgeting victories—but a shopping spree as reward for one week of careful, tracked spending is taking one step forward and a giant leap back.

MAKE THEM VISUAL - JClip out pictures from your favorite magazine or spend some time doodling. Keep a Pinterest board. Write out your vision and stick it to the fridge where you'll see it each and every day.

CONSUME HELPFUL CONTENT - Read books, listen to podcasts, and watch shows with sound financial content for fresh ideas, friendly reminders, and general encouragement to stay the course.

ENJOY LIFE - It is important to have fun and enjoy life today even if you are planning for the future. Still, there are ways to save money while doing it.